

Breastfeeding Cafe

Connect, facilitate, nurture and empower

(Newsletter Vol 8. Aug, 2017)

Hello,

Hope everyone is enjoying the last few days of summer! Summer becomes quite a hectic time for us sometimes with travelling, camping and other fun activities. But we have something exciting to share with you all this month.

We are excited to announce that we are hosting our 2nd edition of "Connect" in partnership with Whole foods on 25th August from 8.30am–11am. This is a free event. We look forward to seeing you there! We invite parents to come and spend some time all to themselves. Sip on a cup of coffee, spend time with other like-minded parents, work peacefully on your passion, finish creating that app which you have been working on for a while, or just sit and have breakfast in a corner, getting yourself that much needed "Me" time that will charge you enough for the whole day. Your kids can play freely nearby. There would be sitters to take care of kids as they explore their playthings.

Let the kids PLAY uninitiated and create something totally NEW, which even you can't imagine. We want them to explore, imagine, and create.

The space and the food is sponsored by Whole Foods.

This event is special for us in many ways. In our first event, we tried to act as a resource center for and a space where parents' immediate worries regarding few topics related to breastfeeding, babywearing, and sleep were addressed. We partnered with few like minded small businesses to troubleshoot the issues that the parents were facing. We tried to create an open ended play space outside. We acted as a platform for a few parent-owned businesses and listened to their stories of starting up a small business while raising a family.

This time, our sponsor offered to host the event in an indoor space. We have tried to figure out ways in which we can give parents an inviting indoor atmosphere where they can relax, have breakfast in a corner, or finish their ongoing project while their little ones create something.

We have collaborated with PopUpAdventure Playground for innovative projects for kids. The main intention here is to let the kids play the way they want. There is no right way and wrong way while they start playing and creating something. Cardboards can become a spaceship or a house while yarns can be used for hanging clothes or may be to make a pulley. The main intention for us here is to make a playspace anywhere, which would be challenging and innovative enough to trigger imagination in those young minds. All these will be happening while

parents are nearby spending few moments by themselves. Kids don't need expensive toys to play, they need a space which they can explore, and it can be anywhere. So, come and join us as we create innovative projects with kids.

We are also collaborating with Createcetra, where equal amounts of art and imagination are mixed together to create one-of-a-kind designs. There is little direction, and only plenty of imagination and love required to take the design through various levels. Each young designer becomes a creative designer of projects that they can proudly call their very own.

So, we are inviting all parents to come and support us while we try to create a space where parents may feel at home. Free breakfast will be served.

Please RSVP for the event on the link provided below. The space is limited.

<https://www.eventbrite.com/e/connect-tickets-3681028555?aff=eac2>

We are also receiving requests to address, in our newsletters, few issues which parents face in their day to day journey as a parent. We have noted down your requests and we will try to address them in our next issue. We request you to bear with us at this moment, we are having a busy time because of our upcoming event.

If any of you want to join us to help us with anything. we would request you to drop a few lines on our website, facebook page or email.

Have a nice month ahead!

Warm regards,
Tanaya
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<http://breastfeeding.cafe/>